



BAYSHORE FAMILY SUCCESS CENTER

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 Leonardo, NJ 07737
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Monday & Tuesday: 9 AM – 5 PM
 Wednesday & Thursday: 11 AM – 7 PM
 Friday: 9 AM – 3 PM
 Saturday 10 AM – 12 PM

LET'S CONNECT!



YMCANJ.org/bfsc
 Facebook.com/BayshoreFSC

January 2020

Resilience. Is defined as one's ability to bounce back from negative experiences with competent functioning. For families this translates into problem solving, placing difficulties in perspective, and drawing on trusting relationships for support.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Book Club Book: "Heartburn" By Nora Ephram	 Weight Loss Awareness Month		1 Happy New Year!	2	3 10am-1pm Community Partnership Day, BFSC	4
5	6	7 6-7:15pm ESL, Keyport Central School	8 7pm ESL, Keyport Library 9:30am-3:30pm Application Assistance, BFSC	9	10 10am Self-Directed Resume Writing Tutorial, BFSC	11 10am Tutoring
12	13	14 10am Grandparents Group, Atlantic Highlands Library 6-7:15pm ESL, Keyport Central School	15 7pm ESL, Keyport Library	16 5:30-6:30pm Vision Board, BFSC	17 6pm Family Bingo, Keyport Library	18 10am Tutoring
19	20 Martin Luther King, Jr. Day 10am Parent Support Group, BFSC	21 6-7:15pm ESL, Keyport Central School	22 7pm ESL, Keyport Library	23	24	25 10am Tutoring
26	27	28 6-7:15pm ESL, Keyport Central School	29 7pm ESL, Keyport Library	30 6:30pm Bayshore Book Club, Union Beach Library	31	 <small>The Center is operated by the YMCA of Greater Monmouth County and funded by the New Jersey Division of Family and Community Partnerships.</small>

January Activities:
Weight Loss Awareness Month
Book Club Book: "Heartburn" by Nora Ephram

First Fridays:

- Outreach Workers from Child Care Resources and Monmouth County Social Services will be on site January 3, 10am - 1pm. Apply directly for services with Child Care Resources (childcare, day care, before/after school programs, summer camps), and Monmouth County Social Services.
 - Also available is our Pop-Up Baby Pantry. Inventory is based on community donations and will vary but we have diapers, wipes, rash cream, and limited formula available. BFSC, Leonardo Bayshore Family Success Center, Leonardo.

Application Assistance:

- Fulfill will have a Benefits Outreach worker available to assist with the application process for SNAP, GA, TANF, and Medicaid applications. January 8, 9:30am-3:30. Bayshore Family Success Center, Leonardo

Support Groups:

- Grandparents Group: Tuesday, January 14, 10am. Join our grandparents group and learn valuable information, share resources and help in the development of needed programs and activities. Atlantic Highlands Library, Atlantic Highlands.
- Parents Helping Parents: Monday, January 20, 10am. A support group for parents and caregivers of special needs children & children with an IEP/504. BFSC, Leonardo.

Employment Services:

- Self-Directed Resume Writing Tutorial: Friday, January 10, 10am. Learn the stress-free way to develop your resume. Whether you have never had a resume before or your resume is outdated and needs refreshing, this is the workshop for you! Bayshore Family Success Center, Leonardo.

Community Advisory Committee Meetings: Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. We help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact amaresco@ymcanj.org.

Life Skills: We offer a variety of programs and activities to help you succeed in life!

- Tutoring is available Saturday, January 11, 18, and 25. Team up with a high school student and get help with your school work! Help is available at no cost. Students in grades K-8 welcome. Tutoring will be held at three locations from 10am - 12pm at the Bayshore Family Success Center, Leonardo; Union Beach Library, Union Beach; Keyport Library, Keyport. **Registration required.**
- ESL Classes: English as a Second Language classes offered for free every Tuesday 6-7:15pm. Keyport Central School, Keyport and Wednesdays at 7pm at the Keyport Library.

Family Fun!: Join members of the Bayshore Family Success Center at various locations throughout the month for family fun and entertainment!

- Vision Board, Thursday, January 16, 5:30-6:30pm. Come create your Vision Board for 2020. Get ready for a great New Year! Focus your intentions for creating the goals that will help you achieve your dreams. Materials, facilitation, and light refreshments will be provided. Feel free to bring your favorite pictures, images, or crafting supplies to use or incorporate. We are also asking for magazine donations to help the group. BFSC, Leonardo.
- Family Bingo, Friday, January 17, 6pm. Fun family bingo game with pizza and prizes for all! Keyport Library, Keyport.
- Bayshore Book Club: Thursday, January 30, 6:30 pm. This month we are reading "Heartburn" by Nora Ephram. Join us for a lively discussion, all are welcome. Union Beach Library, Union Beach.